



Iowa Problem Gambling Treatment and Prevention Program

Prevention Roundtable

October 2, 2015

9:00 AM – 10:30 AM

Notes

Agency	Staff on Call (25 total – may not have gotten everyone's name):
ADDS	Nicholas, Blair, Paulette
CFR	Shelly
Compass Pointe	Mary
EFR	Erin
Heartland	Keelia
Jackson	Kim
Prelude	Wendy
PGRS	Jerry
Pathways	Deb, Danielle
Prairie Ridge	Meagan
SASC	Allison
ISU/Help Line	
UNI	KI
IDPH	Bob, Julie, Eric
Guests	Christy Jenkins

Prevention SFY 2015 Work Plan

- IGTP Work Plan Prevention Strategy Definitions and Examples



IGTP Work Plan
Prevention Strategy I

- IDPH sent notification out earlier this week that current contracts expiring 12/31/15 will be extended through 6/30/16. IDPH will be negotiating back applicable forms (Budget, Work Plan, and Subcontract Plan) in IowaGrants.gov that will include the funding allocation and instructions for completing the forms, as well as any incentive language that will be included in the amendments that will be developed once the budgets have been submitted and approved by IDPH. If there are questions, please contact Eric or Bob at IDPH.

Roundtable Topics/Questions

- What and how is problem gambling awareness presented to SUD Treatment Groups?
 - CFR – Money Smart with the Adult population (residential and outpatient). Begins sessions with background information on correlation between SUD/PG (similar brain activity). Also using Stacked Deck at the Adolescent Residential Program. Also using BANK-IT in an afterschool

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- program. Do work through the entire curriculum, and may do a break, but then start up again. Usually 1 hour.
- SASC – do presentations at all outpatient groups, do a basic presentation (on IGTP website). Rotate every 6-8 weeks. 1 Hour.
 - Pathways – Monthly presentation at Residential groups, Horizons, and ASAC (1 hour). Does not use PPT, takes treats (after lunch group) and asks “Why do you think I’m here?” to start the discussion. Walk through symptoms they might be aware of and signs and symptoms that others might see in them on why they are in residential treatment. Talks about Casinos, what is problem gambling and what tx is, and how Concerned Persons are involved. Also does a similar program for outpatient clients as well as Bureau of Prisons population.
 - Prairie Ridge – PPT presentation 1 time each month (1 hour)
 - ADDS – Residential and Outpatient group presentations are done 1 time per month, and integrate screening, which has resulted in some referrals. 60-90 minutes in length. Using the Gambling Risk PPT on IGTP website. Residential groups may be 2-3 hours, and include video, integrating discussion about co-occurring disorders. Has found the Gambling Risk PPT helpful for clients. Going to Mt. Pleasant 2-3 times per month (criminal justice). Also doing presentations at SEIDA, CADS, Unity House in Quad Cities, ASAC in Clinton, Muscatine (New Horizons).
 - EFR – Presentation 1 time per quarter, full group time (2-3 hours) and counselors are present for part.
 - HFS – focus on financial literacy (budgeting), and relapse prevention. 7 different groups meet each week. Cross Addiction discussion, gambling patterns while using.
 - Compass Pointe – question – would any program be willing to tape a presentation as a training tool? Nicholas willing to tape a session for Outpatient
- **How are problems handling individuals that self-identify?**
 - ADDS – referral for screening, staffing with counselor
 - CFR – Counselors are in the room and would be available
 - Prairie Ridge – we’d meet with the individual and reach out to the counselor to share the information for follow-up. Have a handout available for clients/family members.
 - SASC – counselor is present, if they self-identify, link to counselor and services
 - Pathways – often the counselor not present, give out business cards, if a Pathways client, a referral for a placement screening is done.
 - EFR – has materials to give to the clients/family members, and assists with referrals.
 - HFS – have internal process to send a message to the clinical supervisor to make sure client is evaluated.
 - **How are referrals generated from SUD programs?**
 - SASC – using the Lie/Bet with other providers, and has resulted referrals
 - ADDS – trains staff (as there is turnover at other agencies) on how to ask the questions (Lie/Bet, BBGS) regularly. Give out the BBGS
 - Eric challenged the roundtable over the next year to reach out the licensed SUD Tx providers in their service areas to provide problem gambling awareness and screening services
 - The list of current licensed programs can be found at http://www.idph.state.ia.us/bh/common/pdf/substance_abuse/licprograms.pdf. This

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list is a PDF document that is updated monthly and can be searched by using CTRL+F and then type in a city, etc. It does not contain county information.

- A second option is to go to the facility locator at www.drugfreeinfo.org and type in a county and radius and you'll be provided with a listing of licensed programs (this locator is updated annually and may not have all the newly licensed, or programs that are no longer licensed included).
- **Strategies for reaching difficult to reach populations with problem gambling information such as corrections system, high school / middle school youth, elementary youth.**
 - ADDS is struggling with getting into the local school systems. New Jersey curriculum "*Gambling Awareness Program USA*" – New Jersey Council on Problem Gambling (K-12). Have other states put this on their promising practice list (Ohio?)? Nicholas will provide information to Eric.
 - EFR – also has struggles getting into the schools. Middle schools are allowing life skills presentations. Better luck with the smaller schools, sometimes it is easier to piggyback on the Student Assistance Program presentations with PG as a bonus presentation (health class, family consumer science).
 - CFR – BANK-IT has a nice brochure. No success with libraries, some success with after-school, not so much with a full curriculum
 - HFS – some success with gaining access I-TAG (drop-out prevention class) and doing science based presentations using [Creative Activities for Probability and Statistics \(CAPS\)](#)
 - Hard to get time to do full Stacked Deck. Some success with after school programs at the schools.
 - UNI – possible evaluative/research – complicated to get curriculums as EBP, but is possible (needing to have consents – opt-in or opt-out) and the follow-up that is needed. Something IGTP could fund? Is there a program that would have an interest for a pilot?
 - Pathways – able to get into schools by working with the schools substance abuse professional. Working with 6 schools, supplemental to AOD presentations. Also have met with principals and guidance counselors.
 - Prairie Ridge – adds the PG conversation to the ATOD conversions with the schools.
 - PGRS – Jerry reminds that to be and EBP, the entire Stacked Deck curriculum is to be presented, which is one of the struggles in working with schools as they won't allow time for all six modules.
- **Overview of Presentations listed on IGTP website:** <http://www.idph.state.ia.us/IGTP/Toolchest.aspx>
 - [Disordered Gambling and Corrections Populations](#)
 - [Gambling: The Hidden Addiction](#)
 - [Gambling: Risks and Guidelines Presentation](#)
 - [Powerball Lottery Presentation](#)
 - [Problem Gambling in the Workplace](#)
 - [Values Based Interactive Gambling Education Presentation \(March 2015\)](#)
 - [Values Based Interactive Gambling Education Worksheet](#)
- **Problem Gambling curriculums that are working well and are well received**
 - [Stacked Deck](#)
 - [Money Smart for Young People](#)
 - [Bank-it](#)
 - [Creative Activities for Probability and Statistics \(CAPS\)](#)

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Updates:

- **RGEW Survey**



RGEW 2015
Combined.pdf

- Eric reviewed the chart on time spent at the casinos. Eric will send out with the call notes. Please review and if any questions, please follow up with Eric.

- **Health Promotion Update (IDPH)**

- EMERGE (send out brochure and fact sheet)
 - Language in the pending 6 month extension amendment will include \$'s for use of EMERGE. IGA has encouraged IRGC Casinos to participate and identify up to 50 casino staff to participate at each location with March 2016 as the target month. More information to come!
- 2x3's artwork
 - Reviewed the artwork. Eric will send out after call. Please provide comments on the designs, including suggestions, edits, etc.
- [The WAGER, Vol. 20\(9\) - Warning signs: The influence of gambling ads on gambling behavior](#)

- **IGTP Website**

- October 19th the IGTP website will be moving to www.IDPH.iowa.gov/IGTP
- Separate Prevention and Treatment pages
- Current Interactive Maps will not be supported.

- **Work Place Policy Template (TABLED)**

- **School Policy (TABLED)**

- **IYS 2016 Problem Gambling Questions (TABLED)**

- **Youth Gambling Collaborative Presentation (TABLED)**

- Project Completed and will posted to the website

- **Strategic Prevention Framework (SPF) and Problem Gambling Prevention Efforts**

- Julie Hibben, Project Director, Partnership for Success, IDPH
 - SPF has been used in Iowa for the past 7 years. 5 step planning model. Focus on how to sustain outcomes during each step of the process. Are you being culturally competent? Dosage and Frequency (How much of your target population are you engaging, and how often? How often are you engaging them?). More discussion to come.

Program Updates/Check in (2 minutes per program):

Agency	Update
ADDS	Spent time at the casinos, went well, staffing booths at three, and set up booths at bingo halls and city hall. Did trainings and radio show in Ottumwa and multiple presentations.
CFR	No casino in our area, took resource packets out to vendors in the area.
Compass Pointe	

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Agency	Update
EFR	No casino in our area, information out through social media and posters
Heartland	Will be doing follow-up roundtable with Harrah's. Working with the NEST Program (low income program, get points for attending sessions)
Jackson	Hard Rock employee training and an information table for patrons, employee Wild Rose in Jefferson. Doing Stacked Deck at the Juvenile Detention Center in Sioux City.
Prelude	New staff member and did a lot of outreach to reconnect with schools/casinos, sr. citizen ctrs, and SUD programs.
PGRS	Spent week at casino, working with several businesses on the Work Place Policy tool kit. Surprising response of interest in Work Place Tool Kit. Free Class at www.Bellevue.edu to take a free class – 12 hours, starts 10/4 (clergy and lawyer) it's resource that is available.
Pathways	Doing presentations at schools (Stacked Deck) did staff trainings at Casinos. Doing presentation at UNI for supervisors, and Healthy Campus Coalition. "gambling not allowed" signs in UNI dorms.
Prairie Ridge	Provided information at the Welcome Center. Doing online advertising with local paper. If anyone has visited PR website, will also see ad, .25 click through rate (above the national average).
SASC	Casino work and got into Lady Luck, first time able to get in. Library presentations for librarians/community education.
ISU/Help Line	Hearing more and more about Fantasy Sports, and some interesting preliminary data. Surveys will complete 2 nd week of December.
IDPH	Bob attended NCRG conference. More to come during Tx/RSS call. Interesting presentation on Adolescents and risky choices (Duke). Send email to Bob if

Topics for next call: Send to Eric by December 30, 2015.

Next Calls: January 8, 2016; April 1, 2016 (in Des Moines, ½ day); July 15, 2016